

UNITARIAN UNIVERSALIST SOCIETY  
OF GRAFTON AND UPTON  
February 19th, 2023

**"Love - A Practice of Freedom"**  
with Guest in the Pulpit Rev. Cheryl Harris



*UUSGU Mission Statement:*  
Spark the spirit and the mind.  
Kindle loving community.  
Ignite social justice in the world.

Unitarian Universalist Society of Grafton and Upton  
Sunday, February 19th, 2023

Today's flowers are in celebration of the birth of Grace Marlaine Gregoire.

<b>Community Music</b>	Lisa Utzig
<b>Call to Worship</b>	Rev. Cheryl Harris
<b>Prelude</b> "What the World Needs Now is Love" by Burt Bacharach	Lisa Utzig
<b>Welcome</b>	John Cameron
<b>Chalice Lighting</b> (see blue music card in pew pocket)	
<b>*Hymn</b> "Enter, Rejoice, and Come In" #361 in <i>Singing the Living Tradition</i>	Lisa Utzig
<b>Chalice Celebration</b>	Donna Maria Cameron
<b>A Time For All Ages</b>	Donna Maria Cameron
<b>RE Recessional</b> "On Your Way" by J. Livingston Go with wisdom, go with wonder go to meet a brand new day. Learn to seek the light within you as we send you on your way.	
<b>Sharing of Joys and Sorrows</b>	John Cameron
<b>Prayer</b>	Rev. Cheryl Harris
<b>*Hymn of the Month</b> "O Star of Truth" #293 in <i>Singing the Living Tradition</i>	Lisa Utzig

## Reading

Rev. Cheryl Harris

Galatians 5:13-15 (The Message Bible by Eugene Anderson, translator)

## Sermon

Rev. Cheryl Harris

"Love - A Practice of Freedom"

## Invitation to Generosity

John Cameron

### Our Share the Plate: The Village Worcester

The Village Worcester is a new Afrocentric cultural, learning, and healing center in the Main South neighborhood of Worcester, MA. The Village builds grassroots power by connecting BIPOC groups, healers, and individuals whose work is rooted in racial justice, learning, creativity, community, and healing.



Use this QR code to donate via Paypal or App

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Add a note in the app to specify "plate" or "pledge"

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venmo

## \*Hymn

Lisa Utzig

"Come Sing a Song With Me" #346 in *Singing the Living Tradition*

## \* Invitation

John Cameron

## \* Extinguishing the Chalice

(see blue music card in pew pocket)

## \* Benediction

Rev. Cheryl Harris

## Postlude

Lisa Utzig

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*\*Please rise in body or spirit*

# Week Five--Blue Promise

***Each person needs a voice***

***Believe in your ideas and act on them***

Here are some suggestions to learn more about the blue promise with your family over the course of the week.

## Wonder Questions

What would you do if you were the principal of your school/the boss at work? What would you do if you were the president?

## Books to Read

*If I Were President* by Catherine Stier

*D is for Democracy: A Citizen's Alphabet* by Elissa Grodin

*Yertle the Turtle* by Dr. Seuss

## Family Movie Night

"Brave" rated PG

## What's for Dinner?

Plan a meal where you vote on what to eat. You could have the parent primarily responsible for cooking offer 2-3 choices and have one round of voting (simple majority rules ballot) or you could have each family member select a favorite meal choice (primary) and try to convince other family members to vote for it (debate) with a final vote afterwards. How different did this meal end up being from the Week One dinner?

## Family Activities

1. Hold a family meeting and allow each family member to express their input on an issue having to do with your family (like bedtime, chores, etc.) Practice listening to learn, not listening to respond/argue.
2. Talk about an issue in your local community or school. Try to examine the problem from different perspectives.
3. (service to others) Get involved with UU the Vote [<https://uuthevote.org>]
4. (service to others) Sometimes people need our help to make their voices heard. Pick an issue that is important to your family and use social media OR create posters to amplify the voices of those working on that issue.

## Events Calendar

### Today, Sunday, February 19th

- 10:00am Worship Service
- 3:30pm GS Troop 64695

### Coming this Week:

#### Monday, February 20th

- 10:00am Women's Wisdom Circle
  - Contact Helena Leet-Pellegrini at [leetpellegrini@gmail.com](mailto:leetpellegrini@gmail.com)

#### Tuesday, February 21st

- 6:30pm AA
- 7:30pm Adult Covenant Group
  - Contact Donna Maria Cameron at [camerondonnamaria@gmail.com](mailto:camerondonnamaria@gmail.com)

#### Thursday, February 23rd

- 12:00pm UU Mass Action Hour
  - Contact Joann at [admin@uusgu.org](mailto:admin@uusgu.org)
- 7:30pm Finance Committee
  - Contact Kevin Hayes at [tech@uusgu.org](mailto:tech@uusgu.org)

For information on future events please see the Church calendar at [UUSGU.org](http://UUSGU.org)

***A Place to Create:***

*Use this space to brainstorm with words or symbols what love in action looks like to you. How does love in action fuel you to seek the highest good and take action to relieve suffering in this World?*

*UUSGU celebrates and supports all people regardless of age, race, marital status, gender identity, sexual orientation, class, ability, language, nationality, or cultural background.*

**UUSGU Staff:**

Rev. Daniel Gregoire

Director of Religious Exploration - Cherilyn Reno

Music Director - Lisa Utzig

**Thank you to today's volunteers:**

**Greeters:**

**Worship Associate:** John Cameron

**Board of Trustees**

President: David Van Zandt

Vice President: Donna Maria Cameron

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At Large: Ted Beauvais, MB DeKara, Chris Nichols, and Leslie O'Flaherty

**The Tech Team**

Kevin Hayes, Barry Hall, and David Van Zandt

**Audio Visual Assistance:** *Large print orders of service and personal hearing assistance devices are available from the greeters in the vestibule of the Meeting House.*

**Do you receive our digital newsletter?** We send a weekly and monthly newsletter with news, events, and pictures! Sign up by emailing [admin@uusgu.org](mailto:admin@uusgu.org).

**Altar Flowers:** To donate flowers please use the envelopes in the pews or contact the church office at [admin@uusgu.org](mailto:admin@uusgu.org). The suggested donation is \$25.

**Gifts and Pledges:** UUSGU is supported by the gifts and pledges of members and friends. Please reach out to [admin@uusgu.org](mailto:admin@uusgu.org) to learn how to give.